

The ANXIETY & STRESS MANAGEMENT INSTITUTE

1640 Powers Ferry Road, Building 9, Suite 100, Atlanta, Georgia 30067, 770.953.00800

ANAD at ASMI

Anorexia Nervosa & Associated Disorders, ANAD, support groups are safe havens for those seeking support and understanding. The role of an ANAD group is to offer information and support to those who are affected by an eating disorder. An ANAD group also provides information, possible resources, and hope for recovery. These groups are a forum for discovering that you are not alone – other people have similar problems and feelings (from www.anad.org)

Day & Time:

Mondays

6:00pm – 7:00pm

Led by:

Marissa Mundy, Counselor Intern

Location:

The Anxiety & Stress Management Institute

1640 Powers Ferry Road

Building 9, Suite 100

Atlanta, GA 30067

Visit our website for directions

www.StressMgt.Net

For more information please call 770.953.0080 ext 330 or 307