

The ANXIETY & STRESS MANAGEMENT INSTITUTE

1640 Powers Ferry Road • Building 9, Suite 100 • Atlanta • Georgia 30067 • 770.953.0080

MEN'S THERAPY GROUP FOR ANXIETY

Day & Time:

Thursdays
12:00 - 1:00 p.m.

Fee

\$40/Group

Led by:

Amy Burnett, LAPC

Location:

The Anxiety & Stress Management Institute
Please see our website for directions: www.StressMgt.net

Contact:

All inquiries please telephone our Intake Counselor
770.980.9229
Email: Info@StressMgt.net

Receive Enhanced & Personalized Support To:

- **Process Issues Surrounding Causes of Anxiety & Stress**
- **Discuss Coping Mechanisms to Live More Fully**
- **Conquer Fears, Anxiety, & Stress**