

# Women's Therapy Group

for Anxiety, Stress, & Life Transitions

## Day & Time

Tuesdays  
5:00 - 6:30 p.m.

## Fee

\$55/Group

## Led by

Amy Burnett, LAPC

## Location

The Anxiety & Stress Management Institute  
Please see our website for directions: [www.StressMgt.net](http://www.StressMgt.net)

## Contact

All inquiries please telephone our Intake Counselor  
**770.980.9229**  
Email: [Info@StressMgt.net](mailto:Info@StressMgt.net)

## Receive Enhanced & Personalized Support Around:

- **Processing Relationship & Intimacy Issues**
- **Developing Healthy Boundaries & Trust**
- **Underlying Causes of Anxiety & Stress**
- **Exploring Personal Life Meaning**