

The ANXIETY & STRESS MANAGEMENT INSTITUTE

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PSYCHOLOGICAL TESTING

What is Psychological Testing?

Psychological Testing is a comprehensive evaluation of an individual's cognitive, academic, and behavioral/socio-emotional functioning. The psychological assessment process can provide answers to questions that individuals or their therapists may have, and assist in the process of effectively identifying and treating these issues.

What Assessments are Available?

- **Psychoeducational Testing:** A set of assessment procedures administered and interpreted to obtain information about your development, learning, memory, academic history, behavior, and mental health.
- **Psychodiagnostic Assessment:** Aids in identifying symptom patterns and diagnosing an individual in the most accurate way possible through the use of self-report, corroborating, interviewing client's family and more.
- **Vocational and Aptitude Testing:** Provides in-depth assessment to help you develop career plans.

Contact

For more information or to schedule a Psychological Assessment, please call our Intake Coordinator at 770-980-0080 Ext. 302, or by Email at info@stressmgt.net